



**2018 Australian Team
Weightlifting Trials
Sydney, NSW
17 December 2017**

Information Pack



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Sylvia P

Event Contacts

AWF CEO
Competition Director
NSW Weightlifting Office

Mike Keelan
Linda Eades

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Competition Venue

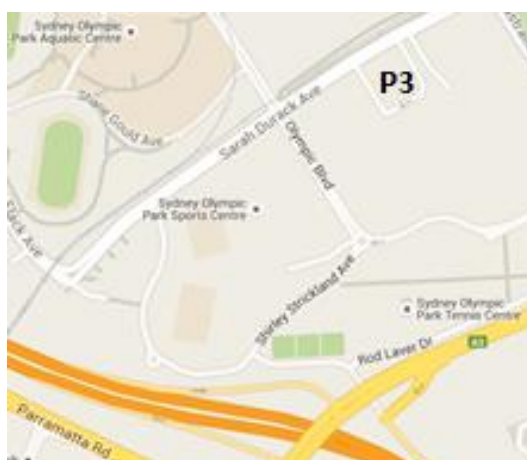
Hall of Champions (competition area)
NSWWA High Performance Centre
Sydney Olympic Park Quaycentre
Cnr Olympic Boulevard and Sarah Durack Avenue
Olympic Park NSW 2127

The NSWWA High Performance Centre is on the lower level of the Quaycentre.



Parking

Parking will be available in P3 (entry is off Sarah Durack Avenue). Tickets can be validated at the Quaycentre Reception.



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Australian Sports
Anti-Doping Authority

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Verification of Entries

Friday 15 November 2017 by 5.00pm to Mike Keelan

mkeelan@awf.com.au

0411 424 328

Training at the Venue

Friday 15 November 2017

4.00pm – 8.00pm

Saturday 16 November 2017

8.00am – 5.00pm

Schedule

Session 1	W48, W53, W58, W63	Weigh in 7.00am-8.00am	Start 9.00am
Session 2	M56, M62, M69, M77	Weigh in 9.00am-10.00am	Start 11.00am
Session 3	W69, W75, W90, W90+	Weigh in 11.00am-12.00pm	Start 1.00pm
Session 4	M85	Weigh in 1.00pm-2.00pm	Start 3.00pm
Session 5	M94, M105, M105+	Weigh in 3.00pm-4.00pm	Start 5.00pm

Tickets

For family and friends coming along to support the lifters tickets are available online until Wednesday 13 December 2017 via the AWF website. <http://www.awf.com.au/tickets>

Additional tickets will be available from Reception at the Quaycentre

For supporters that are unable to travel to Sydney, they can watch the webcast live at <http://video.awf.com.au/webcast/>

Food and Drink

Food and drinks will be available for purchase at the café in the Quaycentre (upstairs around the corner from the Reception area). There are cafés, restaurants and fast food outlets at the intersection of Olympic Boulevard and Dawn Fraser Avenue through to Australia Avenue.

Parking in this area of Olympic Park is often restricted due to events taking place but it is only a short walk from the Quaycentre.

The nearest shopping centre is DFO on the corner of Australia Avenue and Homebush Bay Drive. The area around DFO can become congested with traffic at this time of year.



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Toilets/Change Rooms

Change rooms (male and female) are located downstairs off the hallway near the NSWWA gym. Toilets (male and female) are located directly outside the NSWWA gym.

Weigh-In Room

Change Room 1

Check Scales

Change Room 2

Ice

Ice is available from the ice machine in the corridor near the Gymnastics Hall. There are normally plastic bags beside the lid.

Sauna

A sauna is available at the Sydney International Aquatic Centre which is approximately 500m away from the Quaycentre (also on Olympic Boulevard). Opening hours are:

Monday to Friday 5.00am – 9.00pm
Saturday & Sunday 6.00am – 8.00pm

Please note the following conditions of entry:
Must be 16 years or older to access the sauna facility.
Cost \$12.00/\$16.00 depending on time of day.

Accommodation

Accommodation within walking distance of competition venue:

Novotel Sydney Olympic Park
Pullman at Sydney Olympic Park
Quest at Sydney Olympic Park
Ibis Sydney Olympic Park
Ibis Budget Sydney Olympic Park

There are many other options available further from the venue.



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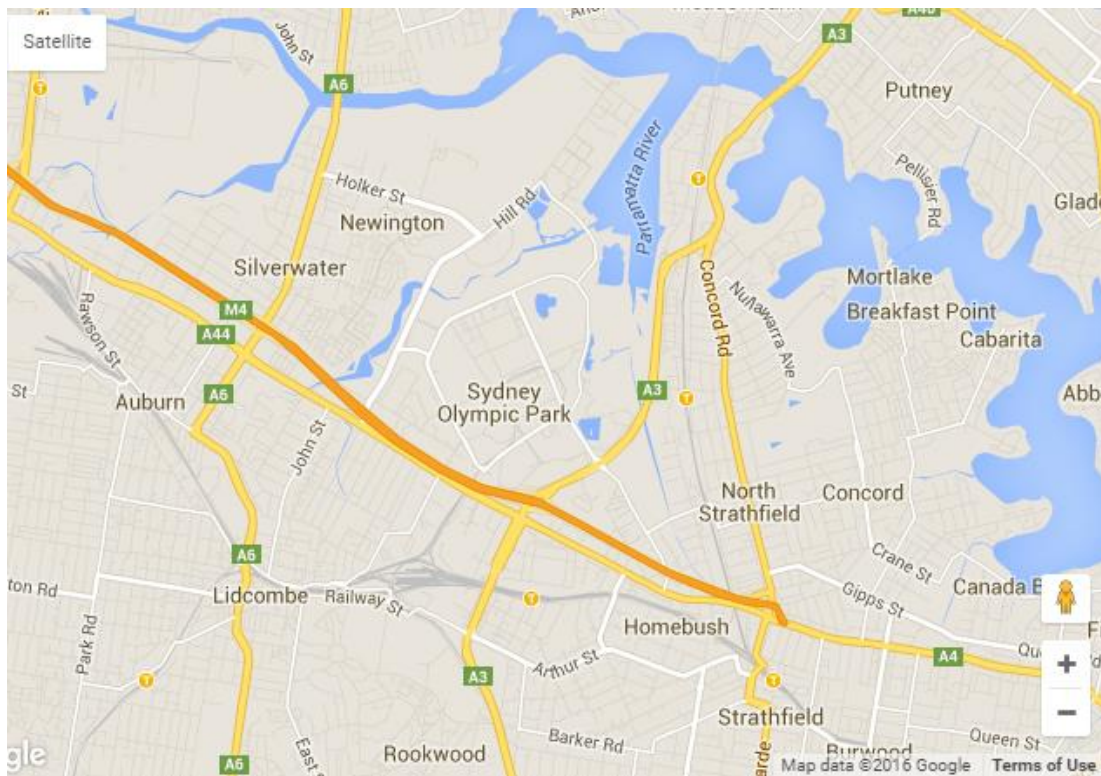


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Map



<http://www.sydneyolympicpark.com.au/maps>



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